

# Existential Themes in the HEP Tradition

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J. McNamara, lecture notes in mid 1990's HEP teaching based on the following:  
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Phenomenological-Existential Psychotherapy, Constance T. Fischer;  
both in *The Clinical Psychology Handbook*, 2<sup>nd</sup> ed., Ed., M. Hersen, A.E. Kazdan, A.S. Bellack (1991, Pergamon)  
*Ordinary Ecstasy: Humanistic Psychology in Action*, 2<sup>nd</sup> ed., John Rowan, (1976/1988, London, Routledge)  
*Elements of Human Potential*, Neville Drury  
*Experiential Psychotherapy: Basic Practices*, Alvin Mahrer PhD, (1989, Ottawa, U. Ottawa Press)  
*Holonomy: A Human Systems Theory*, Jeffrey Stamps (1980, Seaside, The Systems Enquiry Series, Intersystem Publications)  
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